

## Prayer Meeting



- Time and date:
  - Thursday evening at 7:00pm – 7:30pm
- Bring your prayer journal and a Bible.
- We will discuss prayer concerns, revelations from the week of study, and seek God's will for the week as a group.

**Questions? Need something?  
Contact Pastor Sarah**

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# Brave Christians Spiritual Disciplines

## YOUR COMMITMENT FOR THE MONTH OF MAY 2008

- **Meet to Pray with the group** (Strength through group)
  - Thursday evening at 7:00 p.m. – 7:30 p.m.
- **Give TWO hours of time each week to God** (Self-surrender)
  - Decide what you are good at and would like to do
  - Call the office and volunteer, or ask for local mission opportunities
- **Give God one-tenth of your earnings** (Self-Denial)
  - Net, gross – whatever you decide
- **Spend from 5:30 am to 6:00 am each morning in prayer and meditation** (Self-control)
  - Goal – the whole group doing together at the same time in their own homes
  - See the Prayer and Meditation Schedule
  - You will need a Bible and a Prayer Journal of some kind
- **Witness for God in your experience to others** (Spreading the Good News)
  - This means talking about your experiences to the group, and to others that you interact with

I have read the above carefully and fully understand the implications of giving my life to God during the month of May 2008. To prepare my life to receive from God the great strength and power available through prayer, I ask to be a member of this prayer group.

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Name

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Date

# Scripture Readings for the Month

## First Timers:

Day   Reading

1	2 Chronicles 7:14
2	James 4:16
3	1 John 1:9
4	John 15:6-7
5	Mark 11:24
6	Philippians 4:6
7	1 John 5:14
8	Jeremiah 29:13
9	Matthew 6:7-13
10	Matthew 18:19
11	Isaiah 65:23-24
12	Matthew 6:6
13	Luke 11:9-10
14	Isaiah 58:9-11
15	Psalms 127:1
16	Psalms 66:18
17	Isaiah 59:1-3
18	Prov. 28:9-10
19	Matt 8:24-27
20	John 6:47
21	Ecclesiastes 8:1-8
22	Psalms 55:22
23	John 14:27
24	Psalms 1:1-3
25	John 14:1
26	Matthew 6:25-33
27	Psalms 23:1-6
28	Mark 12:30
29	Hebrew 12:1
30	John 4:14
(31)	Matthew 5:13-16

## Those in Their 2nd Month:

Day   Reading

1	John 15:4-7
2	John 14:6
3	Hebrews 10:22
4	John 13:12
5	Luke 10:34
6	Exodus 32:29
7	Joshua 1:7
8	Matthew 10:32
9	2 Corinthians 5:7
10	Titus 2:10
11	Ephesians 4:32
12	1 Corinthians 15:58
13	Luke 6:38
14	Acts 20:35
15	Matthew 7:12
16	Luke 23:50-51
17	Colossians 2:6-7
18	Romans 5:5
19	Matthew 16:24
20	Hebrews 12:1-2
21	Philippians 4:8
22	1 Corinthians 13 (all verses)
23	Genesis 41:35-36
24	Luke 6:23
25	1 Corinthians 15:58
26	Luke 9:51
27	Proverbs 26:16
28	Proverbs 16:32
29	1 Timothy 4:16
30	1 Corinthians 16:2
31	Proverbs 8:13

## Morning Prayer and Meditation Schedule

- **5:30-5:40**

Read the scripture for the day and meditate and pray about the scripture. Write down in a journal in 50 words or less how this applies to your life.

- **5:40-5:50**

Write out one totally unselfish and unexpected act of kindness or generosity you will do today. Name the person, then act, during that day, vigorously and with love and compassion. Keep a written record of the reaction of the person involved and the effect on you personally.

- **5:50-6:00**

Write out carefully how you would like to build and develop your life. Go into great detail if you desire. Take your time – you have 10 minutes a day for a month – that’s 300 minutes to be thoughtful and prayerful. One well-prayed and thought-out sentence a day is excellent progress!

## Prayer Suggestions:

Let each of your prayers petition God for:

1. Divine direction for your life
2. An understanding of your need for total surrender to God’s will
3. Great strength of mind for the development of self-discipline